

MAY UPDATES TELE-HOPE 31 MAY 2026



MAY WAS AN IMPERATIVE MONTH FOR TELE-HOPE. WE CONTINUED BUILDING MOMENTUM AROUND OUR MISSION OF HELPING PEOPLE FEEL LESS ALONE THROUGH REAL CONNECTION, INFORMAL SUPPORT, AND PRACTICAL SUICIDE PREVENTION.

THIS MONTH, WE FOCUSED HEAVILY ON THE NEXT PHASES OF TELE-HOPE: BUILDING OUT OUR CURRICULUM SO IT CAN BE USED IN SCHOOLS, UNIVERSITIES, AND COMMUNITIES IN A MORE CONSISTENT WAY. THE GOAL IS TO CREATE A PROGRAM THAT DOES MORE THAN REACH THE PEOPLE WE SEE IN PERSON. WE WANT TO EMPOWER STUDENTS TO MAKE FRIENDS, CHECK IN ON OTHERS, LISTEN BETTER, AND BUILD STRONGER COMMUNITIES..

WE CONTINUED CONVERSATIONS WITH SCHOOLS, UNIVERSITIES, AND COMMUNITY PARTNERS AS WE PREPARE FOR MORE WORKSHOPS THIS SUMMER AND FALL. WYOMING IS STILL OUR PRIORITY, AND WE ARE WORKING TO MAKE SURE RURAL SCHOOLS AND COMMUNITIES HAVE ACCESS TO THIS WORK, EVEN WHEN FUNDING IS LIMITED.

ON THE REASEARCH SIDE WE ARE CONTINUING TO COLLECT DATA, IMPROVE HOW WE MEASURE IMPACT, AND STRENGTHEN THE EVIDENCE BEHIND OUR APPROACH. WE ALSO LEARNED THAT THIS WORK IS NEEDED NOW MORE THAN EVER. OUR PARTICIPANTS REPRESENT THE GENERAL STUDENT BODY, AND 47.6% REPORTED FEELING LIKE THEY DO NOT BELONG IN THEIR COMMUNITY. THAT NUMBER MATTERS, BECAUSE BELONGING IS EXACTLY WHAT WE ARE TRYING TO BUILD. THROUGH MAY, 71% OF PARTICIPANTS IMPROVED IN THEIR KNOWLEDGE, ATTITUDES, AND BELIEFS ABOUT LONELINESS AND ISOLATION AFTER THE WORKSHOP.

AS WE GROW DONATIONS CONTINUE TO MAKE THIS WORK POSSIBLE. EVERY GIFT HELPS US BRING WORKSHOPS TO SCHOOLS, DEVELOP CURRICULUM, EXPAND RESEARCH, AND KEEP THIS WORK ACCESSIBLE FOR COMMUNITIES THAT NEED IT MOST. IF YOU BELIEVE IN WHAT WE ARE BUILDING, WE WOULD BE GRATEFUL FOR YOUR SUPPORT. YOU CAN ALSO HELP BY FOLLOWING TELE-HOPE ON SOCIAL MEDIA, SHARING OUR POSTS, AND TELLING SOMEONE ABOUT THE WORK. AWARENESS MATTERS, BUT ACTION MATTERS MORE.

THANK YOU,
RALPH FAWAZ

SUPPORT AT TELE-HOPE.ORG
FOLLOW @TELE-HOPE ON INSTAGRAM & FACEBOOK

CONNECTION IS NOT JUST A NICE IDEA. IT IS A SKILL THAT CAN BE TAUGHT, AND CONNECTION IS SOMETHING THAT WE ALL NEED.