

Thank you for your continued support. Because of you, we have reached over 13,000 lives, and by the end of this year that number is expected to grow to around 24,000.

Measuring success in suicide prevention is not easy, but we are seeing real movement. Your support allows us to continue testing, improving, and shaping a better way forward.



WORKSHOPS THIS MONTH

This month we stayed closer to home, focusing on Laramie and Cheyenne where we delivered workshops to 300 people. We put a strong emphasis on our research to ensure what we are doing creates lasting impact. **Before our workshops, 1 in 3 students said they would not reach out to someone if they noticed they were alone. After the workshops, that number dropped to 1 in 12.**

GRANTS

We secured a \$75,000 grant from the Ortus Foundation to support our work over the next three years. This funding will support our data analysis, dissemination materials, and student incentives as we continue building out our research.

As of yesterday, we were also awarded \$46,000 from SparkTank, a Shark Tank style pitch competition for local nonprofits in Albany County. This funding will go directly toward providing free workshops across the county and helping pave the way for how Wyoming approaches mental health.



WHATS NEXT?

As we travel nationwide, we will continue to expand into new states while staying focused on our research to clearly show our impact. We have started breaking into freshman orientation groups and are working to grow our presence with universities across the country.

At the same time, we are developing a curriculum that can live within schools. One that does not rely on Ian and I to facilitate, but one that students can consistently learn and practice throughout their time in school.