

February Updates

Dear Supporters and Donors,

Thank you for your continued support. January was a strong start to the year, and the momentum has only grown.

Hotlines, awareness campaigns, and prevention methods have existed for many years and they matter, but suicide is still at an all time high. We want to create confidence.

Confidence for someone to say something for the first time. Confidence to have a real conversation about imperfections. If we can give people not just hope, but the confidence to create hope for someone else, then we have done something meaningful. Because our imperfections are not weaknesses. They are often the road to real connection.

Our workshops are going great. Workshop Two focuses on building confidence in yourself, and the feedback has been strong. It builds naturally on Workshop One, and we will continue refining each session to make it as relatable and practical as possible. As we expand, we continue refining them to stay relatable and effective. We adapt to what is happening inside schools and communities, but our mission never changes: make connection easier, break the stigma around suicide, and strengthen the relationships around us.

In February, Ian and I spoke at conferences, built new partnerships, and delivered workshops across Wyoming. We are excited to work with Dustin Brown and the [Ortus Foundation](#) to expand our reach statewide. Dustin and I actually grew up in the same *beautiful...* town, Lawton, Oklahoma, and we are exploring more opportunities to build impact in Oklahoma as well. Ian and I have also joined additional coalitions around the state and will continue collaborating with partners who care deeply about this work.

We held our quarterly board meeting last week. Tele-Hope is in a strong position. We have now reached over 12,000 students, and by the end of this year we expect that number to exceed 24,000—just two years since our restructure. We are also proud to share that we are now a BBB Accredited Nonprofit. We are planning an annual event and look forward to inviting all of you once details are finalized.

[SparkTank](#) remains an important part of our journey. Kent Noble and his team at the University of Wyoming continue to create an incredible platform for nonprofits like ours to grow. We have a site visit scheduled and will present to their Ethics Club in preparation for the main event on April 29.

Ian and Molly Burchett are currently leading research on the effectiveness of Tele-Hope's workshops. We are excited to share meaningful data with you in the coming months.

We are deeply grateful for your continued donations, encouragement, and feedback. None of this growth happens without you. We also printed our new shirts for this year. If you would like one, please let me know and I will get it to you as soon as possible. Your support is truly appreciated.

Any [donation](#) toward our research efforts and expansion would greatly help us continue this growth. Our goal for this month is \$15,000. Measuring real impact and proving effectiveness matters, and we are committed to backing our mission with meaningful data. We want to lead the way in connection, not just talking about preventing suicide, but addressing the loneliness and isolation that we can all feel occasionally.

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Thank you,

Ralph Fawaz

Executive Director

Tele-Hope